



“Fit India Freedom Run 3.0 Campaign 2022”

Under the Azadi Ka Amrit Mahotsav, Himalayan Forest Research, Shimla organized “Fit India Freedom Run 3.0 Campaign 2022” from 2nd October, 2022 to 31st October, 2022. In this series the institute conducted Fit India Freedom Run from the campus of the Institute to Panthaghathi on 31st October, 2022 at 11:00 AM. Dr. Sandeep Sharma Director, HFRI, Shimla along with Scientists, Officers, Staff and Research scholars (60 no.) took active part in this **Freedom Run**. Dr. Jagdish Singh, Head Extension thanked everyone for participation in this month-long campaign whole heartedly and hoped that this activity will be carried out on regular bases to keep our selves fit.

Glimpses of The Programme




